# 🔊 Coach’s Corner Facilitation Guide

Activity Title: Do They Feel Heard?

A structured practice combining scripted listening, live group role-play, and observer feedback.

## 👥 Participants

- 1 Coach (learner in the coach role)  
- 3–4 Group Members (playing scripted roles)  
- 1 Observer (evaluating listening behaviors)

## 🧭 Step-by-Step Flow

### 1️⃣ Play the Audio Scenario

Full group listens to a recorded coaching scenario (e.g., Scenario 1). No discussion—just listening.

### 2️⃣ Silent Reflection

Participants write quietly what they noticed: tone, pauses, emotion, unspoken tension.

### 3️⃣ Role-Play the Scenario Live

Participants reenact or improvise based on the script, bringing realism and emotional depth.

### 4️⃣ The Coach Listens

Coach joins without interrupting, asks clarifying questions, uses reflective listening, and practices presence.

### 5️⃣ Observer Evaluation + Group Consensus

Observer scores using rubric. Group discusses and may adjust score based on their felt experience.

### 6️⃣ Coach Reflection

Coach shares what they noticed, what was hard to resist saying, and how they practiced restraint.

## 📋 Observer Rubric: Active Listening in Group Coaching

|  |  |  |
| --- | --- | --- |
| Coaching Behavior | Observed? (Y/N) | Group Feedback |
| Held silence instead of rushing in |  |  |
| Reflected back emotional content |  |  |
| Paraphrased or used reflective statements |  |  |
| Avoided advice-giving |  |  |
| Demonstrated presence & curiosity |  |  |
| Group members felt heard |  |  |

## 🧩 Optional Journal Prompt or Forum Discussion

What did it feel like to play a role and be coached?  
What did the coach do that worked—or didn’t?  
As a coach, what surprised you about simply holding space?

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